

Education:

- Advanced TEFL (2023)

- First Aid, Level 1 & 2 (2023)

- Elderly Care, Live in
(Hamilton George, in-house training - NHS approved 2023)

- Peaceful Babes Yoga Age 2+ (2020)

- Lifeline (2019),
Basic Counselling

- Let's Live Coaching - (2018)

Accredited with - International Coaching Register, COMENSA, NLP modelling excellence global standards

Master Life Coach

Master NLP Coach

Business, Relationship, Scholar and Student Coach

+(More on request eg. Master Hypnotherapist Practitioner)

- Pathways Academy of Life, 200-Hour Yoga Teachers Training Course (2018)

Accredited with - I.Y.F, Yoga Teachers Fellowship SA

- Reiki Level 2 (2018)

- Mines Rescue Service Fire Awareness (2014-2017exp)

- Scottish Autism (2013) - Now seen/ trained as a SVQ 4

Health and Safety

Autism Part 1

Emergency First Aid in the Workplace

Incident Report Writing & Corporate Risk

Supporting the Safe Administration of Medication

Financial Procedures

Support Planning

Infection Control

Personal Safety at Work

Manual Handling

Food Hygiene

Intervention & ASD

CALM Physical Intervention 2 Days (day 1)

CALM Physical Intervention 2 Days (day 2)

Introduction to ASD and Protection Issues

PVG scheme record (2nd October 2013)

- NPLQ (National Pool Lifeguard qualification) (2013-2015 exp)

- Enhanced Disclosure (8th November 2012)

- The Training Room (2012)

Accredited with - Repts/REPSA

Active IQ Level 3 Certificate in Personal Training

Active IQ Level 2 Certificate in Fitness Instructing Gym

Studio Cycling workshop

Circuit workshop

Gym-Based Boxing workshop

Sports Nutrition Certificate

- LifeLine South Africa 13 Session Personal Growth Course (2008)

* Youngest to be accepted at the time.

- Shangri-La Academy, Kempton Park, Johannesburg

Matriculated IEB – 2007 (equivalent to A-levels)

English, Afrikaans, Mathematics, Biology, History, Geography, Life Orientation